

Butter & Parsley Mashed Potatoes



Menu Description:

Crispy corn taco shells stuffed with mashed potatoes, seasoned black beans, cabbage slaw and spicy salsa verde.

Suggested Menu Price: \$2.99

Prep Time: 5 minutes

Approx. Cost: \$0.20

Cook Time: 10 minutes

PROFIT: \$2.79

Yield: 40 servings, half-cup each

INGREDIENTS:

- 1 pouch Potato Pearls® EXCEL® Original Butter Mashed Potatoes*
- 3 3/4 qt Water, hot (170°-190°F)
- 2 cups Butter, unsalted, softened
- 1 1/2 cups Parsley, fresh minced

**May use any Potato Pearls® Mashed Potatoes.*

INSTRUCTIONS:

1. Prepare mashed according to package directions, but using 3-3/4 quarts of water instead of 4.
2. Fold in butter and parsley, stirring with a slotted spoon until well combined.

NUTRITIONAL INFORMATION PER SERVING:

Calories – 190

Protein – 5 g

SatFat – 0.5 g

Fat – 3.5 g

Carbs – 34 g

Fiber – 5 g

Iron – 6 %

Sodium – 550 mg

Vitamin A – 4 %

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